



AFLSE Coaching
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Game Plan

- Protect the ball player.
- Work for the team.
- Do the one percenters.
- Take control when needed.
- Blend into the game.
- Have Fun (before, during and after match).

Coaching Philosophies/Directions

- Coach to a conservative mid level point.
- We are NOT the AFL.
- Eg, Holding the Ball – pay the obvious. Our approach is to let them play. Rather miss than pay a soft FK.
- Eg, Dangerous Tackles – we will be paying these. Our approach is safety first/zero tolerance. Rather pay a soft FK than miss one.
- We won't always get it right.

At AFL Level 23.1% of free kicks are classified as HTB.

What are the four reasons a Holding the Ball free kick will be paid?

- 1. HTB – Prior Opportunity**
- 2. HTB – Incorrect Disposal**
- 3. HTB – No Genuine Attempt**
- 4. HTB – Diving on the ball**

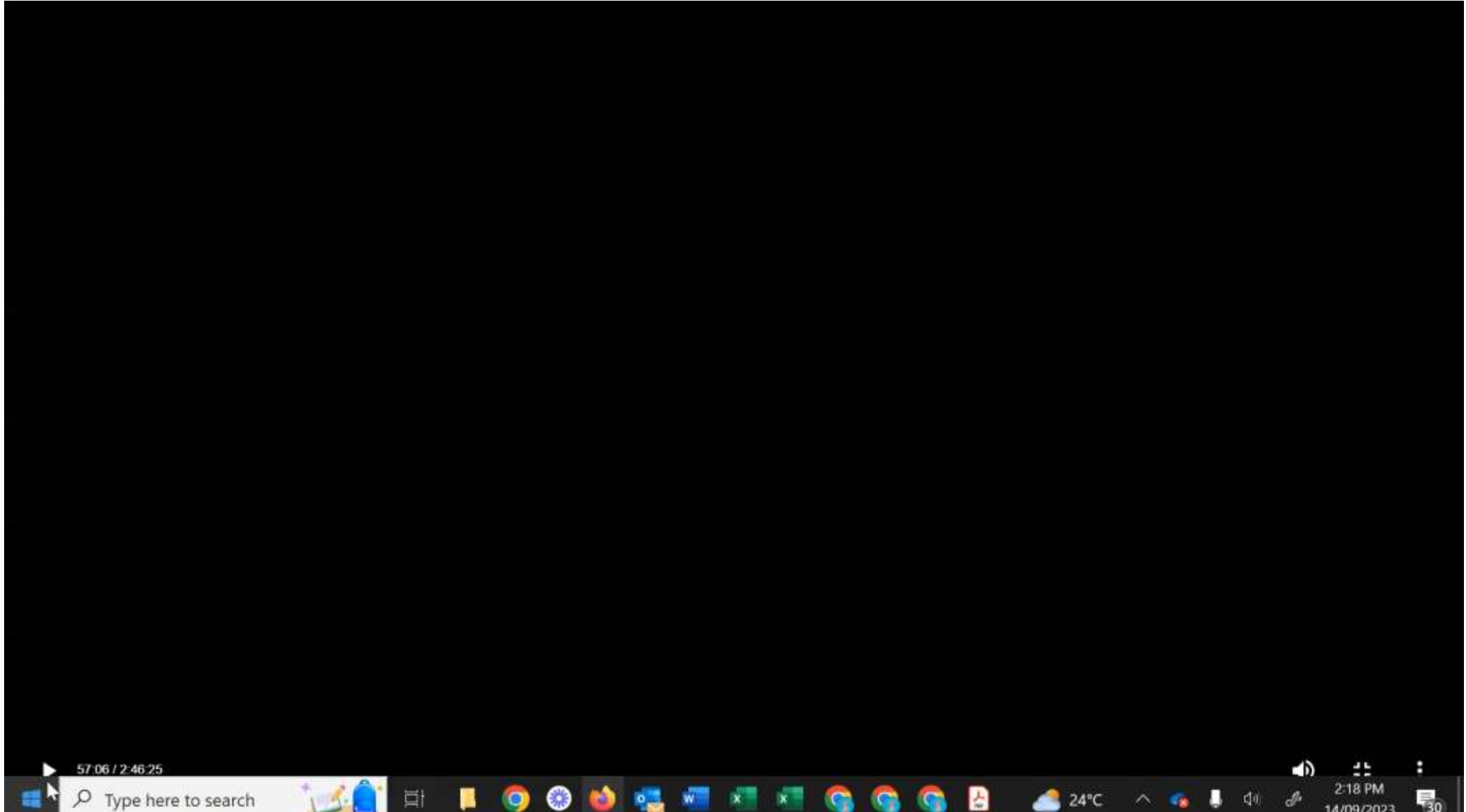
1. HTB – Prior Opportunity

What are the 7 cues / actions that must occur for the play to be considered a prior opportunity?

1. HTB – Prior Opportunity

- Evade
- Fend
- A prior option to dispose
- Balanced and steady
- Has taken a mark/FK been awarded
- Drives head
- Ducks head

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2. HTB – Incorrect Disposal

What are the key elements that must be in play for this type of free kick?

2. HTB – Incorrect Disposal

What are the key elements that must be in play for this type of free kick?

- **Legal tackle**
- **No prior opportunity**
- **Ball is not correctly disposed of**

*** If a ball is knocked out in the tackle and there has been no prior opportunity, what do we do?**

3. HTB – No Genuine Attempt

- **Player has no prior opportunity prior to being tackled.**
- **Tackled player is able to and does not make a genuine attempt to dispose.**
- **A reasonable time is provided.**

***As umpires, what must we ensure we do in these circumstances?**

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4. HTB – Dive on the ball

- **If a player elects to dive on/drag the ball underneath the body and is tackled legally by an opposition player a free kick shall be paid.**

***If the player elects to stand up after dragging the ball in and is tackled legally, what is the decision?**





Questions?

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