



AFLSE Coaching  
Wednesday 6 March, 2024

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## Game Plan

- Protect the ball player.
- Work for the team.
- Do the one percenters.
- Take control when needed.
- Blend into the game.
- Have Fun (before, during and after match).

# Coaching Philosophies/Directions

- Coach to a conservative mid level point.
- We are NOT the AFL.
- Eg, Holding the Ball – pay the obvious. Our approach is to let them play. Rather miss than pay a soft FK.
- Eg, Dangerous Tackles – we will be paying these. Our approach is safety first/zero tolerance. Rather pay a soft FK than miss one.
- We won't always get it right.

## **Rough Conduct free kicks constitute the following;**

- Dangerous tackle.
- Contact below the knees and sliding.
- Using boot studs in a manner likely to cause injury.
- Other conduct deemed unreasonable in the circumstances.

**A dangerous tackle is a tackle that leaves the head and/or body in a vulnerable position.**

**What are the 5 cues that we look for in determining whether a tackle is dangerous?**

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- 1. Excessive rotation**
- 2. Arm or arms pinned**
- 3. Lifting legs (above horizontal)**
- 4. Slinging motion**
- 5. Drives head first**

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# **Insufficient Intent**

**When adjudicating insufficient intent, what cues assist us to determine whether or not to pay a FK?**

# Insufficient Intent

**When adjudicating insufficient intent, what cues assist us to determine whether or not to pay a FK?**

- 1. Force**
- 2. Direction**
- 3. Players**

- 1. Force : more likely to pay if there is an element of force.**
- 2. Direction : more likely to pay if forced directly over the boundary line.**
- 3. Players : more likely to pay if the ball is forced over the line with no teammates in the vicinity.**

# DT II March 2024



## Reminders

- **Officials HQ availability (regular season) in particular Easter and ANZAC Day.**
- **[Club Hub](#)**
- **Practice Matches next 2 weeks.**
- **Next week : Ruck and Marking contests.**

**Questions?**

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