



Field Umpires Coaching
Wednesday March 8
Dangerous Tackles / Forceful Front On Contact

AFL South East
Casey Fields, Cranbourne East VIC 3977 |



Objectives of the session

- To reaffirm the expectations around coaching for 2023.
- To understand the rules around dangerous tackles and forceful front on contact.
- To identify the triggers in identifying the above.

Coaching Expectations 2023

- Always Wednesday 6pm unless advised.
- Please be on time. If late, please come in but don't disrupt.
- Phones off.
- Be prepared to learn and ask questions. Don't be afraid to speak up and get it wrong.
- Be a contributor and a challenger. My way is not always the highway.
- "Every minute matters"

Dangerous Tackles

18.7 ROUGH CONDUCT

18.7.1 Spirit and Intention

Players shall be protected from unreasonable conduct from an opposition Player which is likely to cause injury.

18.7.2 Free Kicks - Rough Conduct

A field Umpire shall award a Free Kick against a Player when that Player engages in rough conduct against an opposition Player which in the circumstances is unreasonable, which includes but is not limited to:

- (a) executing a dangerous tackle on an opposition Player;

Dangerous Tackles

Any tackle that leaves the **head or body** in a vulnerable position.

What are the key triggers that we looking for?

Dangerous Tackles

- Excessive rotation.
- Arm or legs pinned
- Legs lifted
- Sling
- Two actions / Driving force.
- Excessive force
- Head in a vulnerable position.

Video Examples

<https://www.loom.com/share/20f415839d134b5eb9fadc27b483a87d>

<https://www.loom.com/share/77665fa16b71492eae1d287e9035289c>

<https://www.loom.com/share/40af389ab1394e6b84ad15b1e093d10d>

<https://www.loom.com/share/04113837e3e347eb82e2082ca3992421>

<https://www.loom.com/share/45c3387033c3460dad216e35d5d1bd8>

<https://www.loom.com/share/9a07262c0d364568a18830ee209c95bb>

Foreceful Front On Contact

18.3 PROHIBITED CONTACT

18.3.1 Spirit and Intention

A Player who makes the football their sole objective shall be provided every opportunity to do so.

18.3.2 Free Kicks - Prohibited Contact

A field Umpire shall award a Free Kick against a Player when that Player makes any of the following Prohibited Contact with an opposition Player:

- (k) bumps or makes forceful contact to an opposition Player from front-on when that Player has their head down over the football.

Video Examples

<https://www.loom.com/share/8344f87a54354f758b8071be9008f17c>

<https://www.loom.com/share/20e701d8cedc4116846e100e85bed300>

<https://www.loom.com/share/a8de554c554e454097a7df48534cd1c4>

AFLSE Field Umpires Game Plan

- 1. Protect the Ball player.**
- 2. Do the one percenters / work hard.**
- 3. Take action where required.**
- 4. Work for the team**
- 5. Blend into the game**

Next Week

Monday 13 March : No training

Wednesday 15 March : 2023 Interpretations.

Reminders

- **Practice Matches 11-12/18-19/25-26 March.**
- **HUB.**

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