



Field Umpires Coaching
Wednesday March 1
Game Plans

AFL South East
Casey Fields, Cranbourne East VIC 3977 |



Objectives of the session

- To set the expectations around coaching for 2023.
- To discuss and outline the AFLSE Field Umpires Game Plan for 2023.
- To identify the key components of the Game Plan.

Coaching Expectations 2023

- Always Wednesday 6pm unless advised.
- Please be on time. If late, please come in but don't disrupt.
- Phones off.
- Be prepared to learn and ask questions. Don't be afraid to speak up and get it wrong.
- Be a contributor and a challenger. My way is not always the highway.
- "Every minute matters"

AFLSE Field Umpires Game Plan

- 1. Protect the Ball player.**
- 2. Do the one percenters / work hard.**
- 3. Take action where required.**
- 4. Work for the team**
- 5. Blend into the game**

1. Protect the Ball player.

- Protect the head at all costs.
- Pay all head high free kicks.
- Provide the player in possession reasonable time to dispose of the ball.
- Understand the spirit of the laws in relation to marking, ruck and contests in general play.

1. Protect the Ball player.

<https://www.loom.com/share/cc3876fbb2bc494087321eb8a9cf7278>

2. Do the one percenters / work hard.

- Run hard to position.
- Work your angles.
- Do the little things well and regularly
eg, Quick play on calls, Use player names, Get to the boundary quickly, Run hard off the kick, support your team mate with voice, whistle, positioning.

2. Do the one percenters / work hard.

<https://www.loom.com/share/b086176a21d54179b212dbcde42dd7b4>

3. Take action where required.

- Be a strong manager.
- Use your whistle, voice and signals in a positive manner.
- Get in quickly and manage the situation.
- If you need to show your presence, DO IT.
- If you need to make a report, DO IT.
- Speak to the players as you would wish to be spoken to yourself.

3. Take action where required.

<https://www.loom.com/share/1f10b986c06743d696c3e36dc98202be>

4. Work for the team

- Be a dependable and predictable team mate.
- Ensure you are in best position to support your team mates.
- Be calm, composed and help your team mates out when needed, especially in heated situations.
- Place trust in your team mates.
- Be a leader before, during and after the game.

4. Work for the team

<https://www.loom.com/share/1c34254ad241411a92dbc6593b47a3e4>

5. Blend into the game

- Umpire appropriately for the circumstances of the match.
- Do not over umpire the game, unless management is required.
- Allow the game to flow – minimal impact.
- Let the players play.
- BUT if the game needs us.....

5. Blend into the game

<https://www.loom.com/share/bcc9781ad86c4a6ea042f126ebad2f8c>

Next Week

Wednesday 8 March : Dangerous Tackles / FFOC.

Reminders

- **Practice Matches commence Thurs 9 March.**
- **HUB.**